

## Early Years

Across the year, all pupils will focus on developing their handling and moving skills. Pupils will work towards showing good control and coordination in large and small movements. They will be encouraged to move confidently in a range of ways, safely negotiating space.



### Autumn Term:

- Gymnastics
- Dance

### Spring Term:

- Ball skills
- Gymnastics

### Summer Term:

- Ball skills
- Dance

## Key Stage 1

In Key Stage 1, pupils will be taught to master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination.

Pupils will apply these movements to small sided team games, during which they will develop simple tactics for attacking and defending. In addition to this, pupils will perform simple dances and sequences.

### Year 1

#### Autumn Term:

- Gymnastics
- Invasion games - football

#### Spring Term:

- Dance
- Invasion games – handball and ball skills.

#### Summer Term:

- Net and wall games - tennis
- Striking and fielding - rounders

### Year 2

#### Autumn Term:

- Gymnastics
- Invasion games - hockey

#### Spring Term:

- Invasion games – basketball and netball
- Dance

#### Summer Term:

- Net and wall games - tennis
- Striking and fielding – cricket

## Key Stage 2

Throughout Key Stage 2, pupils will evaluate and refine their performances.

Pupils will be provided the opportunities to participate in competitive and co-operative physical activities, in a range of challenging activities.

In addition to this, all pupils in KS2 will complete a term of swimming.

# Physical Education

### Year 3

#### Autumn Term:

- Gymnastics
- Invasion games – netball and basketball

#### Spring Term:

- Dance
- Net and wall games – tennis

#### Summer Term:

- Swimming
- Striking and fielding - rounders

#### Spring Term:

- Dance
- Invasion games - football

#### Summer Term:

- Athletics
- Swimming



### Year 5

#### Autumn Term:

- Swimming
- Invasion games – netball and basketball

#### Spring Term:

- Dance
- Gymnastics

#### Summer Term:

- Athletics
- Striking and fielding – rounders

### Year 6

#### Autumn Term:

- Swimming
- Invasion games – netball and basketball

#### Spring Term:

- Net and wall games – volleyball and handball.
- Dance

#### Summer Term:

- Athletics
- Striking and fielding – cricket

### Year 4

#### Autumn Term:

- Gymnastics
- Invasion games – hockey