

	<h2 style="text-align: center;">South Bersted CE Primary Policy for Sex &amp; Relationships Education</h2>
Web and/or Internal	Web & Internal
This policy should be reviewed every	Annually
Policy approved by Governors	Autumn 2018
Date of Review	Autumn 2019
Member of staff responsible	Headteacher
Policy created by	WSSC Model Policy, personalised
Signed by Chair of Governors and/or Headteacher	

*“Sex and Relationships Education is lifelong learning about physical, moral and emotional development. It is about understanding the importance of marriage for family life; stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity.” (DFE July 2000)*

### **Introduction:**

The Governors and Staff at South Bersted Church of England School believe that all pupils should be offered the opportunity to receive a comprehensive, well-planned programme of Sex and Relationship Education during their time at our school. This will be in fulfilment of the requirement of section 1 of the Education reform Act 1988 and in accord with advice given within the Sex and Relationships Education (SRE) for the 21<sup>st</sup> Century document <http://pshe-association.org.uk/uploads/media/17/7910.pdf>.

The foundation of this policy comes from a basis of encouraging young people to have regard for moral considerations and the value of family life.

### **Our Moral Framework for Sex Education:**

- The Governors recognise that Sex and Relationship Education is a difficult issue which places ever increasing demands on schools and teachers and yet is an essential part of the child’s preparation for adult life.
- The purpose of Sex and Relationship Education at our school is to provide knowledge about loving relationships, the nature of sexuality, the process of human reproduction and an understanding of the effects of growing up and the changes which result. It should guide pupils to a full understanding of themselves and others and help them to develop fulfilling relationships. At the same time it should lead to the acquisition of understanding and attitudes which prepare pupils to view their relationships in a responsible and healthy manner.
- The programme of work we will undertake will form part of our Personal, Social, Health and Citizenship Education (PSHCE) and may have some cross curricular links to other subjects within the taught curriculum.
- Lessons will be planned to present facts in an objective, balanced and sensitive manner, set within a clear framework of values and an awareness of the law on sexual behaviour. Pupils should accordingly be encouraged to appreciate the value of stable family life, marriage and the responsibilities of parenthood.
- Children will be helped to understand the importance of self-restraint, dignity, respect for themselves and others, acceptance of responsibility, sensitivity towards the needs and views of others, loyalty and fidelity.

At South Bersted Church of England School, pupils come from varied social backgrounds, differing faiths and both single and dual families. Sensitivity is therefore needed to avoid causing hurt and offence to them and their families, and allow such children to feel a sense of great worth and importance. The Sex and Relationship Education (SRE) programme provided at the school will promote the spiritual, moral, cultural, mental and physical development of pupils; preparing them for opportunities, responsibilities and experiences of adult life.

### **Framework for Sex and Relationships:**

The National Curriculum, 2014, sets out the legal requirements of Science for Key Stages 1 and 2.

#### **Key Stage 1**

- Notice that animals, including humans, have offspring which grow into adults.

#### **Key Stage 2**

- Describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
- Describe the life process of reproduction in some plants and animals.
- Describe the changes as humans develop to old age.
- Recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to their parents.

#### **EYFS**

- Children learn about the concept of male and female and about young animals. In on-going PSHCE work, they develop skills to form friendships and think about relationships with others.

#### **Key Stage 1**

- Through work in science, children learn about the life cycles of some animals, understand the idea of growing from young to old and learn that all living things reproduce. They learn about the importance of personal hygiene to maintain good health.
- In RE and Citizenship, children reflect on family relationships, different family groups and friendship. They learn about rituals and traditions associated with birth, marriage and death and talk about the emotions involved.
- They begin to co-operate with others in work and play and begin to recognise the range of human emotions and ways to deal with them.

#### **Key Stage 2**

- In science, children build on their knowledge of life cycles and learn about the basic biology of human reproduction.
- They will develop skills needed to form relationships and to respect other people's emotions and feelings. They will consider how to make simple choices and exercise some basic techniques for resisting pressures.
- Across both Key Stages, pupils are taught about the importance of e-safety and how to stay safe when using the electronic devices including cameras, smart phones, computers and tablets.

***Parents do not have the right to withdraw their child/children from these above aspects of the Science curriculum.***

The Sex and Relationships Education Programme (SRE) is organised by PSHCE subject leader. The scheme contains factual information that will be accurately and sensitively transmitted. A range of reference works, video and other materials will be used to provide variety and balance. Specific SRE lessons are delivered in Years 5 and 6 and cover the following themes.

#### **Year 5**

##### ***'Changes'***

- These sessions cover understanding the physical changes that take place during puberty, why they happen and how to manage them.

#### **Year 6**

##### ***'How Babies are Made'***

##### ***'How Babies are Born'***

- These sessions explain how babies are made within the context of a stable, loving relationship. They show the children how a baby develops in the womb and how a baby is born.

##### ***'Real Love Rocks'***

- Real Love Rocks is a programme developed by Barnardo's to promote healthy, consensual, safe relationships amongst children and young people. It seeks to raise awareness of grooming, child exploitation and online safety.

### **Consulting Parents**

Materials which will be used in the school's SRE Programme can be seen by parents in school on to the designated teacher with responsibility for coordinating Sex and Relationships Education.

- The school informs parents when aspects of the sex and relationship programme are taught and provides opportunities for parents to discuss the content of the lessons and to view the videos and resources being used.
- **Parents have the right to withdraw their child from those aspects of Sex and Relationships Education** not included in the National Curriculum for Science – if a parent does not wish for their child to participate in the lessons alternative work will be set.

### **Delivery of Sex and Relationship Education:**

- It is our intention all children have the opportunity to experience a programme of SRE at a level which is appropriate for their age and physical development with differentiated provision required.
- Parents will receive prior notification of the SRE Programme to enable them to discuss issues with staff or their own children.
- Materials used in the SRE Programme will be available to parents on request.
- The SRE Programme will cover aspects of personal hygiene, puberty, menstruation, pregnancy and birth.
- The children will be taught in both single and mixed gender groups as appropriate.

### **Sensitive issues requiring special consideration:**

- At the beginning of each lesson, expectations will be made clear; providing a clear structure for answering sensitive or difficult questions.
- Teachers will use an anonymous question box so children are confident in asking questions.
- Teachers will endeavour to answer questions as honestly as possible but questions they do not feel comfortable answering within the classroom, or ones which are not age appropriate and beyond the Key Stage 2 objectives, will not be answered or explored.
- If questions are asked by children outside the SRE Programme, the designated sex education teacher will use their discretion in answering them in an appropriate manner and at an appropriate and suitable time.
- At South Bersted C of E Primary School, we will not teach, or answer questions on rape, oral sex, exploitative or violent sexual practices, incest, abortion, prostitution or about forms of sexual intercourse. If a child asks a question on any of the named topics, teachers will explain that this is not a matter to be dealt with by the school and that the child should consult his or her parents or guardians for an answer. All teachers will give an answer in the same way, to all children regarding all issues not to be taught or discussed, using the phrase, "We cannot answer that question for you, but you may want to ask an adult at home."

### **Child Protection / Confidentiality:**

Teachers need to be aware that effective Sex and Relationships Education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a safeguarding issue.

The staff member will inform the Headteacher /Designated Safeguard Lead (DSL) in line with the school's procedures for child protection and safeguarding.

***A member of staff cannot promise confidentiality if concerns exist.***

### **Monitoring and Review of the Policy:**

The monitoring of Sex and Relationships Education lessons will be undertaken as part of the whole school's overall schedule and will be undertaken by the Headteacher.

The policy and its contents will be reviewed in annually.